

BRONZE *Quickstep*



Long Wall:

1. Quarter Turn to Right (SQQS)
2. Progressive Chasse (SQQS)
3. Forward Lock (SQQS)
4. Natural Turn with Hesitation (SQQSSS)
5. Progressive Chasse to Right (SQQS)
6. Back Lock (SQQS)
7. Tipple Chasse to Right (SQQSQQS)

Short Wall:

8. Natural Spin Turn (SQQSSS)
9. Progressive Chasse (SQQS)
10. Natural Turn and Back Lock (SQQSQQS)
11. Running Finish (SQQ)

Long Wall:

12. Natural Spin Turn (SQQSSS)
13. Reverse Pivot (S)
14. Double reverse spin (SSQQ)
15. Reverse turn (SQQ)
16. Progressive Chasse (SQQS)
17. Cross Chasse (SSQQ)
18. Forward lock (x2) (SQQSSQQS)
19. Natural Turn (SQQ)
20. Closed Impetus (SSS)

Short Wall:

21. Heel Pivot (Quarter turn to Left) (SQQS)
22. Forward Lock (SQQS)
23. Natural Turn (SQQ)
24. Natural Pivot (S)